



Volunteer involvement in my community

ERASMUS+ YOUTH EXCHANGE

13—24 September 2021
travel dates involved

Marabu Camp,
Milcoveni, Romania

2020-3-RO01-KA105095120

ABOUT THE PROJECT:

This is a youth exchange through which we aim to create an opportunity for young people to raise their motivation and develop a positive attitude towards environmental protection, developing the skills in responsible civic involvement, organizing and conducting volunteer activities for environmental protection and for the development of their community, to increase the level of information and awareness among members of partner communities.

By using non-formal education methods, the participants will learn more about the Erasmus + program and the Youthpass certificate, learn together about volunteering and civic involvement, their role in local decision-making, information and greening campaigns, and find ways to capitalize on recycled materials in decorative spaces that change the attitude of citizens towards the environment.

RESULTS OF THE PROJECT:

- 40 motivated young exchange participants, with a civic and creative spirit developed for volunteer activities in environmental protection,
- 3 marked tourist routes (religious, historical, ecological),
- 3 maps with marked tourist routes,
- 4 partner communities with a high degree of awareness of the need to protect the environment,
- and an e-Guide of good volunteering practices for environment protection.



PARTICIPANTS' PROFILE:

- 10 young people/group, aged between 16 and 22
- coming from rural areas
- 2 group leaders/group
- from Hungary, Croatia, Serbia and Romania.

In this youth exchange there will be 48 people involved in total..

PROGRAM OF THE YOUTH EXCHANGE

Day n.	Time hour and activity							
0	Arrival of participants							
1	AM: 09:00 - 11:00 Introduction to the project. Presentation of partners, project team, group leaders and venue. Name Games (RO; HR)	AM: 11:30 a.m. - 1:00 p.m. Objectives, methodology, program, needs, expectations, fears, contributions (RO)	PM: 15:00-18:00 Erasmus + Program and Youthpass Certificate "(HU)	18:00 - 18:30 Daily assessment - Group reflections	18:30 - 19:00 Evaluation meeting of group leaders	evening 21:00 Romanian welcome evening		
2	AM: 09:00 - 11:00 Rules and team building (SR; HR)	AM: 11:30 a.m. - 1:00 p.m. My Community (SR)	PM: 15:00-16:30 Our guesthouse (RO)	17:00 - 18:00 Nature and people (RO)	18:00 - 18:30 Daily assessment - Group reflections	18:30 - 19:00 Evaluation meeting of group leaders	evening 20:00 Evening of fun games	
3	AM: 09:00 - 11:00 Volunteering - general notions, definition, forms of volunteering (HU)	AM: 11:30 a.m. - 1:00 p.m. Motivation and mobilization of volunteers (SR)	PM: 15:00-16:30 Volunteer activities in my community (ALL)	17:00 - 18:00 Active citizenship activities in my community (SR)	18:00 - 18:30 Daily assessment - Group reflections	18:30 - 19:00 Evaluation meeting of group leaders	evening 20:00 Hungary evening	
4	AM 09:00 - 11:00 Techniques for mobilizing local communities (HU)	AM 11:30-13:00 Visiting the National Center for Tourist Information and Promotion in Caransebeş (RO)	PM: 15:00-16:30 Visiting the city of Caransebes (RO)	PM 17:00 - 18:00 Recycled/used materials and creativity (HR)	18:00 - 18:30 Daily assessment - Group reflections	18:30 - 19:00 Evaluation meeting of group leaders	evening 20:00 Evening of traditional dance	
5	AM 09:00 - 11:00 Forms of representation of young people in local decision-making (HR)	AM 11:30-13:00 Debate - Young people in the village and their involvement in community volunteering activities (SR)	PM: 15:00-16:30 Debate - Youth and public authority in Brebu (RO)	PM 17:00 - 17:30 Debate evaluation discussions (HR)	PM 17:30 - 18:00 Interim evaluation	18:00 - 18:30 Daily assessment - Group reflections	18:30 - 19:00 Evaluation meeting of group leaders	evening 20:00 Country evening
6	AM 09:00 - 11:00 Preparation of the information campaign on the importance of volunteering for environmental protection (SR)	AM 11:30-13:00 Information campaign on the importance of volunteering for environmental protection - Brebu (RO)	PM: 15:00-16:30 Information campaign on the importance of volunteering for environmental protection - Valeadeni (RO)	PM 17:00 - 18:00 Information campaign on the importance of volunteering for environmental protection - Apadia (RO)	18:00 - 18:30 Daily assessment - Group reflections	18:30 - 19:00 Evaluation meeting of group leaders	evening 20:00 Campfire	
7	AM 09:00 - 11:00 Greening route on the route for religious tourism (HR)	AM 11:30-13:00 Greening route on the route for historical tourism (SR)	PM: 15:00-16:30 Greening campaign on the route for ecological tourism (HU)	PM 17:00 - 18:00 Recycling and creativity (HU; HR)	18:00 - 18:30 Daily assessment - Group reflections	18:30 - 19:00 Evaluation meeting of group leaders	evening 20:00 Croatian evening	
8	AM 09:00 - 11:00 Preparation of materials necessary for marking routes (ALL)	AM 11:30-13:00 Marking tourist routes I (HR; HU)	PM: 15:00-16:30 Marking of tourist routes II (SR; RO)	PM 17:00 - 18:00 Decorative space design (HU; HR)	18:00 - 18:30 Daily assessment - Group reflections	18:30 - 19:00 Evaluation meeting of group leaders	evening 20:00 Invitation to karaoke ...	
9	AM 09:00 - 11:00 Public event promotion campaign - preparation (HU)	AM 11:30-13:00 Public event promotion campaign - development (SR)	PM: 15:00-16:30 Conducting the public event "Volunteer Involvement in My Community (RO; HU)	PM 17:00 - 18:00 We and volunteering (HR)	18:00 - 18:30 Daily assessment - Group reflections	18:30 - 19:00 Evaluation meeting of group leaders	evening 20:00 Serbian evening	
10	AM 09:00 - 11:00 Follow up and promotion activities (SR)	AM 11:30 - 13:00 Youthpass certificates and the learning process at this exchange (HU)	PM: 15:00-16:30 Final evaluation (RO)	PM15:00-16:30 World café: Youthpass Certification Ceremony (RO)	17:00 - 18:00 Evaluation meeting of group leaders	evening 20:00 Romanian goodbye evening (RO)		
11	10.00 - Departure of participants							

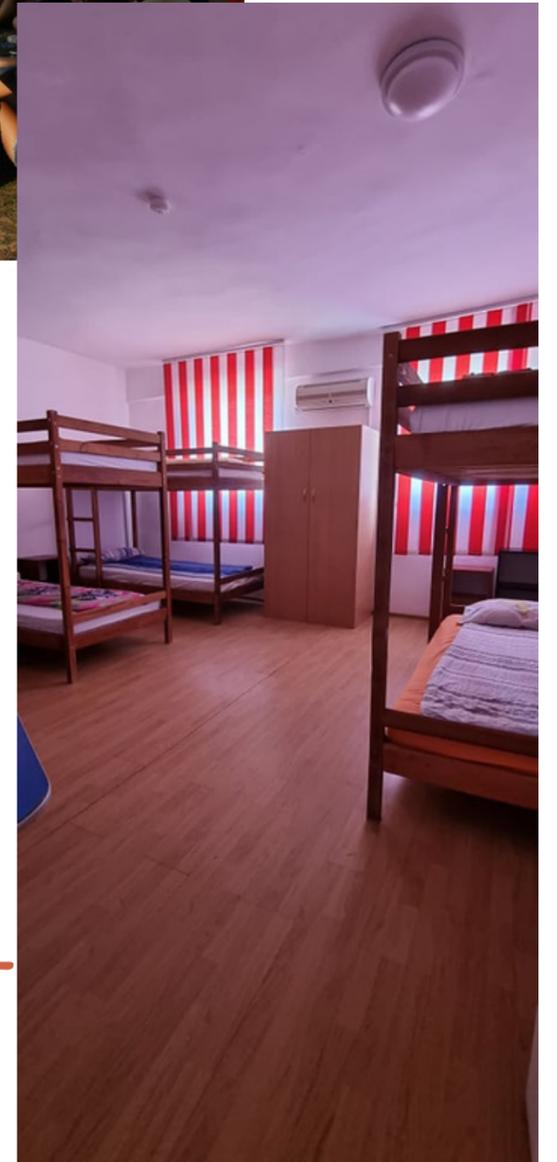
ACCOMMODATION: LOCATION AND GENERAL CONDITIONS

Participants will be accommodated in Marabu Camp, Milcoveni (Caras-Severin County):

- Rooms with 4-5 beds, with own bathroom,
- The venue has internet access, indoor and outdoor activity rooms,
- own restaurant that provides 3 meals a day
- Bed sheets are provided.

You can find the place on [Facebook](#) and [GoogleMaps](#)



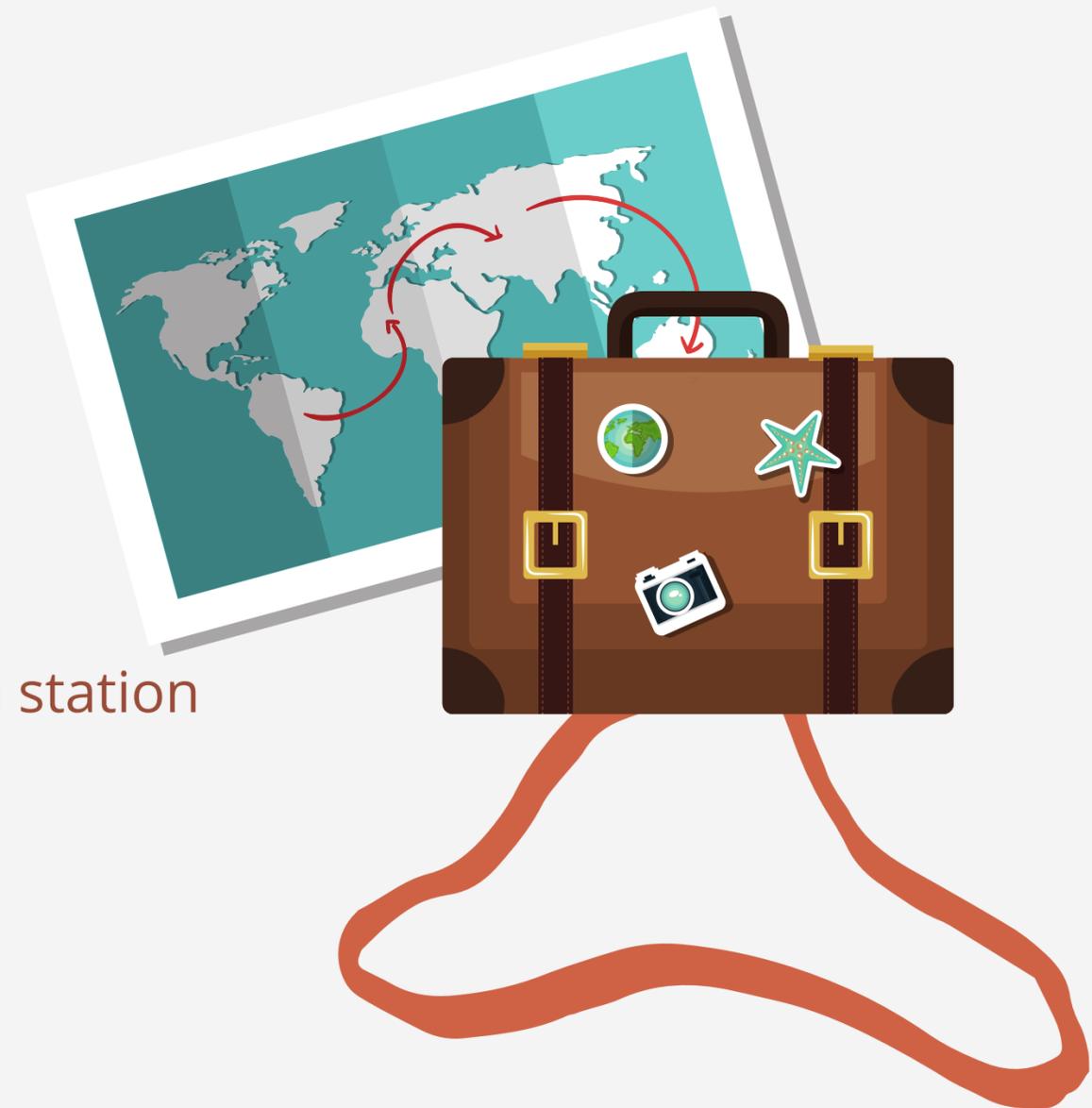


TRAVEL

As the venue, Milcoveni is a small village in the countryside, we are going to provide pick-ups from your arrival venue to the camp.

WHERE TO ARRIVE?

- In Timisoara:
 - by plane: Traian Vuia International Airport
 - by train: Timisoara Nord Railway station
 - by bus: Timisoara Normanida Bus Station
- In Belgrade:
 - The pick-up point is in the blue locomotive near the central train station
- In Milcoveni:
 - by private transport company



Before purchasing your tickets, please connect the sending organisation and wait for their confirmation!

COSTS:

Accommodation, food and materials during activity days are fully covered by the project.

TRAVEL GRANT:

<u>Country</u>	<u>Distance band</u>	<u>Limit/participant</u>
Romania	10 - 99 km	20 €
Hungary	100 - 499 km	180 €
Croatia	100 - 499 km	180 €
Serbia	100 - 499 km	180 €



Please have in mind, if we provide transfers between the arrival point and the venue, we will take the following amount from the above mentioned grants:

- Belgrade: 60€/participant/return
- Timisoara 30€/participant/return



TRAVEL COST REIMBURSEMENT

Keep all the documents related to your travel - both, the paper-based and digital copies!

- Invoices,
 - e-tickets / confirmation email of the journey
 - boarding passes,
 - bus/train tickets,
 - petrol station receipts etc.
- + bank statement/card transactions as proof of payment



In order to do the reimbursement, we are going to need all these documents, and we are going to collect them during the youth exchange.

USEFUL INFORMATION



WEATHER

During mid-September, the weather is expected to be warmer, but can be changable, and chilly in the nights. In any case, check the weather forecast before your arrival and prepare your luggage accordingly.

CURRENCY

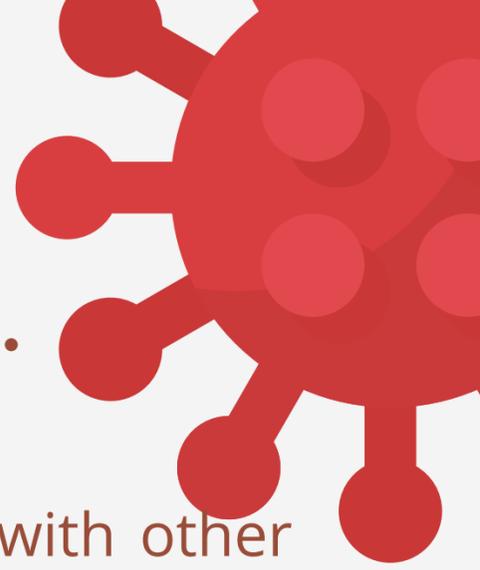
In Romania the currency is RON, we do not use Euro. The exchange rate is around 1 EUR= 4.90 RON.

Have in mind to take some cash with you, because there is no exchange points in the village, and bank cards are not accepted in the shops.

HEALTH INSURANCE

To have EHIC (European Health Insurance Card) or other type of health insurance is mandatory for all participants.

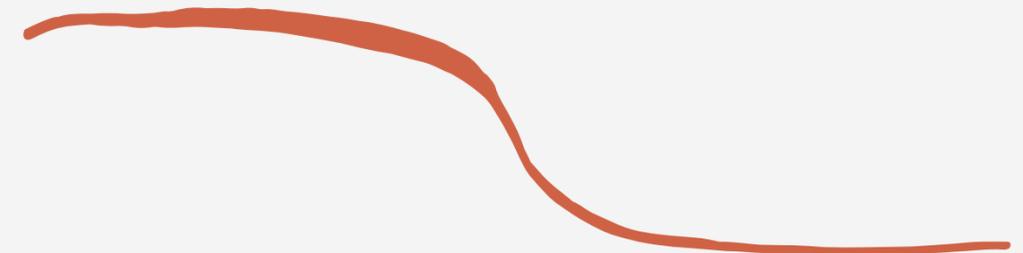
LET'S TALK ABOUT THE COVID SITUATION...



As we are going to be in a small village, and only our group will be hosted, the connection with other people outside the group will be minimalized. However, due to the Covid-19 situation, will be issued a set of rules for preventive measures, the participants will be informed about restrictions, rules and regulations in Romania.

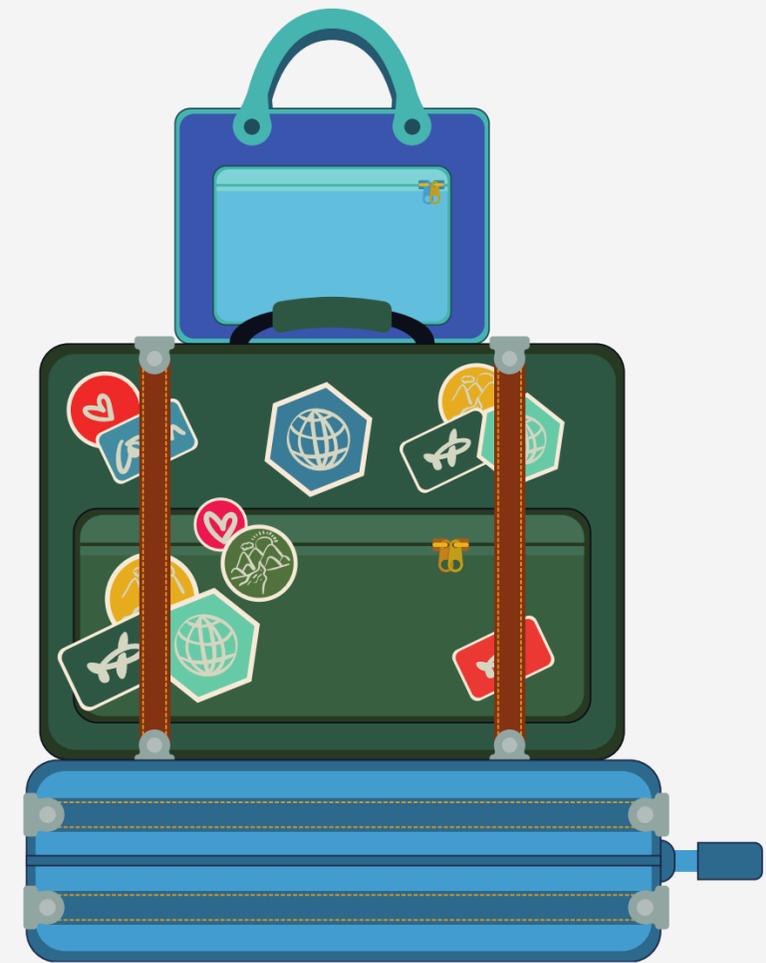
The participants will get masks and hand sanitizers each day.

Eventual expenditure for the COVID test (specifically the PCR), which can be asked to travel between countries (generally by airplane) can be included in the travel budget but cannot go over the maximum reimbursement for the Travel costs established according to the Erasmus+ rules.



WHAT TO TAKE WITH YOU?

- ID Card / Passport
- European Health Insurance Card / Private health insurance
- Personal hygienic products,
- Towel
- Flip flops/slippers
- Comfy clothes according to the weather
- Swimming suit in case of good weather
- Medicines according to your health and needs,
- Food and national specialities for the international evening.



HOW TO APPLY:

If you are interested in participation, please contact the partner organisation in your country

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